ARTIFICIAL INSEMINATION WITH DONOR SPERM
PREPARING FOR ARTIFICIAL INSEMINATION WITH DONOR SPERM

1- Diagnosis of infertility from your treating physician
2- Psychological assessment
3- Medical assessment and blood workup
4- Reading this pamphlet
5- Consent form signed by the couple or the woman only

CONSENT

You must jointly sign a consent form for artificial insemination with donor sperm prior to receiving the initial treatment. Consent is valid unless one of the spouses withdraws consent. The collected sperm sample will be used solely for the reproductive needs of the couple signing the consent form. A spouse who wishes to terminate artificial insemination with donor sperm is responsible for so informing the CHUS fertility clinic.

SERVICES PROVIDED UNDER THE QUEBEC ASSISTED REPRODUCTION PROGRAM (QARP)

The distribution of donor sperm must comply with Health Canada requirements, which aims at preventing the transmission of infectious diseases to recipients and to the children born as the result of this procedure.

In order for patients to take advantage of the Quebec Assisted Reproduction Program (QARP), the donor sperm must come from anonymous donors distributed from sperm banks recognized by the Quebec government.

As the final distributor of the sperm, the CHUS laboratory is subject to inspection every five years.
Covered by the QARP

- Containers of washed sperm from an anonymous donor from a sperm bank recognized by the Quebec government*

Excluded by the QARP**

- Containers of surplus sperm for future use (such as for a second pregnancy with the same donor)
- Containers of sperm from sperm banks not recognized by the Quebec government*
- Containers of sperm from non-anonymous sperm-bank donors

* Refer to the list of QARP-recognized sperm banks.
** Note that these services may be available at the clinic, but you will have to defray the costs.

What selection methods does the CHUS fertility clinic use?

- The CHUS fertility clinic uses a criteria-based method for selecting donors. You must use this method.
- If you want to select your own criteria (height, hair color, etc.), you must indicate your choices in the document entitled Patient Characteristics — Donor Selection.
## TYPES OF BANKED DONOR SPERM UNDER QARP

There are three types of banked sperm.

<table>
<thead>
<tr>
<th>TYPE OF BANKED SPERM</th>
<th>QARP</th>
<th>SPECIFICS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Donor Sperm Not Selected Beforehand</td>
<td>Covered</td>
<td>The laboratory orders the donor sperm. On the day of insemination, if the desired criteria are not available, we will discuss other possibilities with you.</td>
</tr>
<tr>
<td>Private Donor Sperm</td>
<td>Covered</td>
<td>You conduct your own research with QARP-recognized sperm banks. You convey your choice to CHUS nurses before noon on the Tuesday after your period begins by calling 819 346-1110, extension 14723, to ensure that the sperm is delivered for your insemination. You have the right to only one sperm container at a time. There will be no additional containers for another pregnancy with the same donor.</td>
</tr>
<tr>
<td>Private Donor Sperm</td>
<td>Not covered</td>
<td>You will choose from among banks not recognized by QARP, but that comply with Health Canada requirements. You must provide the name of the supplier, donor number, and delivery date to nurses at the fertility clinic by calling 819 346-1110, extension 14723. There is no limit to the number of containers ordered.</td>
</tr>
</tbody>
</table>
ARTIFICIAL INSEMINATION

What are the initial steps?

On the morning of your artificial insemination, the donor sperm will be thawed after your ovulation test.

The intrauterine artificial insemination will be carried out by one of the members of the CHUS fertility clinic (physician, resident, nurse).

Does artificial insemination involve any discomfort or medical complications?

You may have mild cramping, but it is generally short-lived. The risk of cervical infection is extremely low (less than 1%).

Will I be pregnant after insemination?

There is no guarantee of pregnancy. The chances of success depend on your age and clinical situation. You can discuss the chances of success with your treating physician. Depending on indications, the treatment may be repeated over a number of cycles.

If I become pregnant, are there any risks associated with the procedure?

Pregnancy resulting from artificial insemination is no different than one resulting from natural insemination. Risks and complications during pregnancy and childbirth are possible. There is no way to predict if, upon birth, the baby will have any physical or psychological sequelae or hereditary diseases (cystic fibrosis, muscular distrophy, hemophilia, etc.).
**Will we be recognized as the legal parents of our child, even if donor sperm is used?**

When a couple or single woman wishes to have a child using donor sperm, they are recognized as the legal parents of the child with all the rights and obligations of parenthood.

**Can I recruit my own donor (without going through a sperm bank)?**

No, that is not possible at the CHUS.

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**QUESTIONS AND INFORMATION**

CHUS fertility clinic nurse  
819 346-1110, extension 14723

Web sites related to medically assisted procreation

- Ministère de la Santé et des Services sociaux du Québec - Assisted Procreation  

- Éducaloi - Assisted Procreation  

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